

Pine Valley Mountain Retreat

Retreat Intake and Release Form

Dear Retreat participant:

Thank you for your decision to join us on an exciting journey of self-discovery. The purpose of this retreat is to support you in your evolution of personal growth. The activities we have planned for this weekend are a culmination from our favorite classes. They are designed specifically to give you an experience of energy medicine. While we have many activities planned, we would like to support as much as possible, your specific needs.

Please give us a brief background of your areas of interest in the healing field (use back of this page).

Also, please give a brief description of the area of your life that you most need support. (For example... forgiving the past, loving yourself, loving others, seeing your vulnerable areas, self esteem, genetic issues, self empowerment issues, understanding the way energetics work etc...)

Of the topics below, please rate from 1 to 10 your level of interest (10 being highest).

1. Learning about charkas, how they work and how to clear them
2. Shadow work (the parts of our personality that are generally hidden from us or not embraced)
3. Energy flow
4. Connecting to our higher self
5. Working with Angels
6. Working with our personal guides
7. Forgiveness work
8. Learning to love unconditionally
9. Exploring our subconscious
10. Reconnective Healing and
11. Facing our personal fears
12. Exploring our Archetypes

13. Inca Energy Medicine
14. Fulfilling the measure of your creation
15. Exploring the concepts discussed in "What the bleep do we know?"
16. Quantum physics
17. The yoga of time travel
18. Increasing intuition
19. Working with animal energy
20. Healing self
21. Healing others
22. Other _____

We expect this retreat to be a fun, joyful, and deeply fulfilling experience for you. However...

Please be aware that you are responsible for your own safety. By signing below, you are stating that you take full responsibility for yourself and any minors with you for your entire experience at this workshop. The facilitators and property owners will not be held liable for any injury you may experience. Be aware that we may be working with fire, weather conditions, sharp objects, and Mother Nature. If you need to leave the retreat for any reason, please let us know first. All participants will be expected to work together for the meals and clean up, particularly at the end of the retreat. Thank you again for your interest and participation. Welcome!!!

Name (print) _____

Signature _____ Date _____

If (under 18), your parents signature _____ Date _____